



Rugby Indiana

Volume 1, Issue 1

April 1, 2009

Rugby Indiana
Newsletter

Carmel Jamboree March 14th, 2009

A big "Thank You" to Carmel Rugby and the Colts organization for providing us with an exhilarating day of competitive Rugby in an amazing facility. "Thank you" to the players for showing your enthusiasm and for respecting your coaches, referees, fellow players, and the facility—you sure embraced the

true spirit of Rugby.

Enclosed you will find the first of many Rugby Indiana player submitted news articles. Feel free to send your submission to gapp97@aol.com



Carmel A vs. Orchard Park
Photo by Jim White

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Special points of interest:

- Players: submit your news articles to gapp97@aol.com
- Parents: submit your favorite photo to gapp97@aol.com

Dates to remember

Midwest Tournament:

Midwest Boys: May 2-3
Moose Rugby Grounds
Elkhart

Midwest Girls: May 2-3
River Road Carmel

DON'T FORGET!!



Rugby Indiana State Championships:

May 25th
Boys DI & DII / Girls
Moose Rugby Grounds
Elkhart

Midwest All Star Tournament

June 12 - 13
Moose Rugby Grounds
Elkhart



2009 Carmel Rugby Jamboree: The HSE perspective

By Philip Asamoah

On Saturday, March 14th, several teams from various parts of the state met at the Indiana Farm Bureau Football Center to play the sport they are most passionate about: rugby. The matches were competitive, the players were pumped, the spectators were fascinated, and, better yet, the food was tasty. The atmosphere at this year's annual Carmel Rugby Jamboree was abuzz with an air of



HSE's Jon Newman (front), Sawyer Pitts (rear)
Photo by Jim White

enjoyment and excitement. I know that I was definitely anticipating a successful outing for my team, the Southeastern Rugby Club.

After a lap around the pitch, a few warm-ups, and some stretches, our team played its first match against a determined group from Columbus. The game started out with both teams at a

stalemate. However, we eventually discovered how to penetrate their persistent defense. The half of rugby ended on a 15-0 win with tries scored by my teammates, Scott Moran (on a 50 yard run!) and John Newman (on a 70 yard run!), and myself.

The next two games were much more challenging than the first. Carmel and North Central have established themselves in the past as two of the best teams in the entire state. I knew not to get overconfident from the first match because these teams would be difficult to defeat. (Cont. page 4)

Rugby Indiana looking for coaches and referees

Are you a parent, educator, or member of the rugby community with the desire and drive to take on a leadership role with Rugby Indiana? We have seen tremendous growth in Youth and High School rugby and it is critical that we find the coaches and referees to meet that demand. We need



coaches for all age groups 8-19, contact and non-contact, boys and girls. Rugby Indiana is prepared to offer training and administrative support, and will guide you through the coaches' certification process.



With your help the sport of rugby will continue to expand and include increased numbers of younger players, ultimately improving the level of play. Interested parties should contact Michelle Leroux, gapp97@aol.com, or 317-408-1437.

Introducing the ROOKIE RUGBY CLUB

This Rugby focused online club is a "Face book" type website for coaches, players, administrators, and fans. Everyone is encouraged to go to <http://www.rookierugby.com> and sign up for the free membership.

Benefits of membership to the Rookie Rugby Club Online:

- Fun, free, knowledge portal for rugby, health & fitness.
- Watch videos of the world's best rugby players and coaches.
- Upload videos and photos and customize your profile.
- Connect with players, clubs, coaches, supporters and educators worldwide.
- Interact through groups, discussions and blogs.



Nash Bash - March 7th & 8th



Above: Sam DeLuca
Photo by: Brad Davis

Several Rugby Indiana teams traveled to Nashville Tennessee to compete in the annual Nash Bash rugby tournament. Penn, Carmel Boys/Girls, Cathedral, Brownsburg, and Noblesville Boys/Girls, had the opportunity to compete against nationally ranked teams such as: Westerville, Maryville, Brother Martin Crusaders, and Nicholette. Congratulations to Carmel A and Penn A/B who won every game they participated in.



Above: Josh Levan
Photo by: Brad Davis

Players: Participate and you could win \$\$\$

One of *Rugby Indiana's* goals this year is to raise awareness of, and educate the general public about the sport we love. We intend to promote rugby in every way possible: TV, press, community awareness days, through schools and sports organizations. We need your help to develop a clever tag line to be used in conjunction with the *Rugby Indiana* name. Some examples of "big name" tag lines:

Nike – just do it
Gatorade - Rehydrate. Replenish. Refuel
American Express – don't leave home without it
Milk – It does a body good

In addition to the *Rugby Indiana* tagline, we are also looking for nicknames for the Indiana Select teams:

North U17/U19 boys

South U17/U19 boys

U17/U19 girls

Examples: Midwest Thunderbirds, and USA Eagles

We will be holding a contest open to all High School and Youth players: come up with the best tag line or team name and you will win a \$50 gift certificate to WorldRugby-shop.com

Rules: Each player can submit one tag line and one nickname

Submit your entry to Michelle Leroux(gapp07@aol.com) by April 18th

We will chose one winner from each of the four categories (tag line, and three team names)

Nothing offensive, using foul language, or references to alcohol or drugs. Winners will be announced May 3rd at the Midwest Tournament.

Storm Safety

SEVERE STORM: If a severe storm approaches the playing area, the safety of the players is the number one priority of coaches and referees and may require that the game be suspended while shelter is sought. In the event the game is suspended due to a severe storm ALL participants MUST clear the field immediately and move into a permanent shelter.

LIGHTNING: If lightning is within 5 miles, the game(s) should be suspended and shelter sought. A lightning detector can identify the distance accurately but may not be available. A rough guideline is to measure the time between the lightning flash and hearing the corresponding thunder.



If it is 30 seconds or less, seek shelter. It may not be possible to determine which lightning strike generated which roll of thunder. A simple rule: If you can hear it, clear it! Games should not be restarted for at least 30 minutes after the last roll of thunder is heard.

2009 Carmel Rugby Jamboree: The HSE perspective (Cont.)

By Philip Asamoah

(Continued from page 2) Both matches were hard-nosed battles that ended with the same result: a 5-0 win for the opposing teams due to late tries. We fought hard to keep ourselves in these matches, which were scoreless for a long time. However, Carmel wanted the try and powered their way through – they deserved it. North Central used more brains and brawns, taking advantage of rugby's quick tap penalty to blow past our inexperienced but hard-hitting defense and into the try zone.

Our club would like to express our deepest gratitude toward the Indianapolis Colts organization for their generosity. The fan turnout was excellent. Without your support, Indiana high school rugby would not receive nearly as much publicity as it now enjoys. We hope that the bond

formed between rugby and the Colts will continue well into the future, bringing success to the Carmel Rugby Jamboree each year as well as the beloved sport of rugby overall.



Grace Mainwaring (Penn) is tackled by Missy Mattson (NC), photo by Jim White

Many of you may not have known that a professional photographer, Jim White, was at the facility all day taking pictures.



Proofs can be viewed at:

www.dotphoto.com

User Name: WOWOTN

Password: CTheAction

I spent a few minutes looking through the photos—many are what I call “must haves”. Photos can be ordered directly from the website.

Important Numbers, and web sites:

www.Indianarugby.org

Www.USARugby.org

Www.RookieRugbyclub.com

Www.Rugbyimports.com

Jamboree Photos:

www.dotphoto.com

User Name: WOWOTN

Password: CTheAction

Brad Davis Photo:

website: <http://bdavisphoto.net/>

Thank You to our Sponsors:

Flagstar Bank

Chase Bank

National Guard



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April 1st

RUGBY INDIANA

Mission Statement:

To promote sportsmanship, character development, leadership and physical fitness by providing an exciting, all-inclusive, team sport in a safe environment.